

Cooking Stories for 1st Grade

11 decodable practice stories for ages 6 to 7, written by LUCALabs.

How to use these stories

These stories use phonics patterns appropriate for 1st grade readers.
Read aloud together. Have your child sound out each word. The blanks are for your child's name.

Story 1 / 11

_____ had a pan. He was a kid who had a hot dish to make. _____ got an egg. He set the egg in the pan. His pal Jan ran up. "Can I help, _____?" Jan asked. "Yes!" _____ said. Jan got the ham. They put the ham in the pan with the egg. Then they had a yum egg and ham dish.

Story 2 / 11

_____ had a muffin pan. She wanted to make muffins for her pal Lee. _____ set the pan on the mat. She put jam in each muffin spot. The hot muffins had a yum smell! _____ set them on a plate. Lee came in. "Smell that, Lee!" said _____. Lee had a big grin. "Yum!" he said.

Story 3 / 11

_____ had a big pot. She was the chef of the day. "Let us make a hot dish!" _____ said to her pal Tom. Tom got a cup of milk. _____ put the milk in the pot. Tom got a bun and put jam on it. They had milk and a jam bun. "That was the best dish!" Tom said.



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Story 4 / 11

_____ had a dish of ham. He had to chop the ham for lunch. His pal Tess ran up. "Can I help chop, _____?" Tess asked. "Yes, chop with me!" _____ said. They chopped the ham up small. It went in a pan. The ham got hot and had a yum smell. _____ and Tess sat and had lunch.

Story 5 / 11

_____ had eggs. She was a small chef in her yard. Her pal Jess was there too. "Let us make an egg dish!" _____ said. _____ got a pan. Jess got the eggs. _____ put the eggs in the pan. The pan got hot. The eggs had a yum smell. _____ and Jess put the eggs on a plate.

Story 6 / 11

_____ had a muffin pan and a cup of jam. She was the kid chef. "I will make jam muffins!" _____ said. Her pal Eve came up. "Can I sniff the jam?" Eve asked. _____ let Eve sniff. "Yum!" said Eve. _____ put the jam on each muffin. The hot muffins had the best smell.



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Story 7 / 11

_____ had a hot pan and a big pot. He had milk, ham, and a bun. His pal Sam came up. "Let us make a hot dish!" _____ said. Sam got the ham and put it in the pan. _____ put milk in the pot. The pan and pot got hot. Sam and _____ had ham with a bun and milk.

Story 8 / 11

_____ had a plate of buns. She wanted to put jam on all the buns. Her pal Pat came to help. "I can help with the jam!" Pat said. _____ got a cup of jam. Pat put the jam on each bun. The buns had a yum smell. _____ and Pat sat and had the jam buns.

Story 9 / 11

_____ was a small chef. She was at her spot with a pan and a pot. Her pal Kim came up. "Can I be the chef, too?" Kim asked. "Yes!" said _____. _____ got the eggs. Kim got the ham. They put it all in a hot pan. _____ and Kim had the best yum dish. They sat and ate all of it.



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Story 10 / 11

_____ had a big pan. He had ham, eggs, and a bun. "I am the top chef!" _____ said. His pal Jan ran in. "Can I taste it, _____?" Jan asked. _____ gave her a small bit of ham. "Yum!" said Jan. They put the ham and eggs on a plate. _____ and Jan sat and had the dish.

Story 11 / 11

_____ and his friend Eve had eggs and jam. _____ put the eggs in a hot pan. Eve set cups on the dish. The eggs got hot and had a big smell. _____ slid them on a plate. Eve put jam on top. They sat and ate. "This is yum!" Eve said. _____ smiled. He did a good job.

