

Sports Stories for 1st Grade

12 decodable practice stories for ages 6 to 7, written by LUCALabs.

How to use these stories

These stories use phonics patterns appropriate for 1st grade readers. Read aloud together. Have your child sound out each word. The blanks are for your child's name.

Story 1 / 12

_____ had a red ball. He ran in the yard with his pal Jan. "Catch it!" _____ yelled. Jan jumped up and got the ball. She gave it a big kick. The ball went far. "Go get it!" said _____. Jan ran fast. She picked up the ball. The pals had fun with the ball all day.

Story 2 / 12

_____ and Lee had a race. Their pal Tom was at the side. "On your mark, go!" Tom said. _____ and Lee ran fast in the grass. _____ ran with all her might. Lee ran as fast as he could. In the end, _____ got to the big log first. "I won!" she said. Lee gave his pal a pat. "Good run, _____!" he said.

Story 3 / 12

_____ went to swim. Her pal Jess was there too. "_____, you can do it!" Jess said. _____ got in. She kicked and kicked fast. Jess said, "Go, _____, go!" In a bit, _____ swam all the way. She got to the end. "I did it!" yelled _____. Jess gave her a big hug.



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Story 4 / 12

_____ had a new sled. It was red and fast. She went up the hill with her pal Tom. "Get on!" _____ said. They sat on the sled. "Hold on!" yelled Tom. Down the hill they slid. At the end, they got up and ran back up. "Let us go again!" said _____. They slid all day.

Story 5 / 12

_____ was up at bat. Eve had the ball. Their pal Pat was at the side. "Hit it, _____!" Pat yelled. Eve held the ball up. Then _____ hit the ball fast. It went far. "Run, _____!" said Pat. _____ ran to the log. Eve got the ball. _____ slid to the log just in time. "Safe!" yelled Pat. _____ had a big grin.

Story 6 / 12

_____ and Jan had a ball game in the yard. _____ had the ball. "Catch, Jan!" he said. He tossed the ball to her. Jan jumped up. She got it in her hand. Then she tossed it back. _____ ran to catch it, but he did not get it. The ball hit a big log. "You win, Jan!" said _____.



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Story 7 / 12

_____ had a jump rope. She went out in the yard with her pal Eve. Kim ran up to help them. "Can I hold one end?" Kim asked. "Yes, you can!" said _____. Kim and _____ held the rope. Eve jumped in. She jumped fast and did not trip. Eve jumped ten times! "Go, Eve!" yelled the pals.

Story 8 / 12

_____ had a big ball. Her pal Tom ran up to her in the yard. "Kick it to me!" Tom said. _____ gave the ball a big kick. It went to Tom. Tom kicked the ball back. "You got it!" _____ yelled. The pals kicked the ball back and forth. "Good kick!" said _____. They had fun in the grass.

Story 9 / 12

_____ and Max went on a bike ride. "Hop on, Max!" said _____. They rode fast on the path. The sun was hot. Max had to stop. "I am hot," he said. _____ stopped too. They sat on the grass and had a snack. Then they rode back. "That was fun!" said Max. "Let us go again," said _____.



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Story 10 / 12

_____ had a net. He and Tess set it up in the yard. "Let us toss the ball in the net," said _____. Tess tossed the ball. It went in the net! "You got it!" yelled _____. Then _____ tossed it. He missed. Tess smiled big. "Try it again!" she said. _____ tossed the ball. This time it went in.

Story 11 / 12

_____ and his pal Kim ran a big race at the park. _____ was fast. He got to the end and did not stop. Kim ran up next. "You win!" Kim said. _____ sat on the grass. His legs felt hot. Kim got him a cup. They clapped and had fun. It was the best race yet.

Story 12 / 12

_____ and his friend Tess went to the lot to kick a ball. _____ gave it a big kick. It went far. Tess ran and got it. She gave it a kick back. _____ ran but it went past him. Tess smiled. _____ gave it one more big kick. It went up, up, up. "Best kick yet!" Tess said. _____ felt good.

